

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 100M FREESTYLE WOMEN 11-12 Heat:9, starttime: 10:29

Heat: 9/20 Lane : 7 Athlete: WULLAERT LIESE Q-time: 01:15:78

PB (50m pool): 01:16.96 Antwerpen 19/04/2026 PB (25m pool): 01:15.78 SB: 01:16.96 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	
PB	00:36.62	01:16.96	
	00:36.62	00:40.34	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN 13-14 Heat:4, starttime: 10:57

Heat: 4/10 Lane : 2 Athlete: ROGIERS LOUIS Q-time: 01:15:73

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN 13-14 Heat:10, starttime: 11:10

Heat: 10/10 Lane : 1 Athlete: VAN GOETHEM ARTHUR Q-time: 01:07:66

PB (50m pool): 01:07.66 Sportoase De Watermolen 24/05/2026 PB (25m pool): 01:07.89 SB: 01:07.66 Sportoase De Watermolen 24/05/2026

	5 0 M	1 0 0 M	
PB	00:32.81	01:07.66	
	00:32.81	00:34.85	
			

Coach feedback:

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Event number: 37: 200M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 11:19
Heat: 3/8 Lane : 3 Athlete: DE SMET AMÉLIE					Q-time: 03:04:15
PB (50m pool): 03:04.15 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 03:07.94 SB: 03:04.15 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.07	01:30.88	02:18.37	03:04.15	
	00:43.07	00:47.81	00:47.49	00:45.78	
					

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 13-14					Heat:8, starttime: 11:54
Heat: 8/8 Lane : 6 Athlete: VAN GOETHEM ARTHUR					Q-time: 01:12:89
PB (50m pool): 01:17.03 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:12.89 SB: 01:17.03 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M			
PB	00:36.17	01:17.03			
	00:36.17	00:40.86			
					

Coach feedback:

Event number: 40: 4x100M FREESTYLE MIXED 13-14							Heat:2, starttime: 12:19	
Heat: 2/3 Lane : 7 Athlete: TEAM STW 14							Q-time: 04:21:30	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: